

A CLEARER VIEW, A REFRESHED YOU

Consultant ophthalmic and oculoplastic surgeon Andre Ismail outlines how modern cataract and eyelid surgeries are transforming sight and confidence in the UK

Cataract surgery is the most commonly performed surgery in the UK, and over the past two decades, cataract surgery in the UK has evolved into a highly efficient, patient-centred procedure, which can lead to a pleasant patient experience, avoiding undue stress. Advances in imaging and surgical techniques, such as phacoemulsification, have improved precision and safety, allowing surgeons to tailor treatment more closely to individual patients.

Lens technology has also progressed significantly. Modern intraocular lenses (IOLs) not only replace the clouded natural lens but can correct refractive errors, reducing dependence on glasses. Options such as toric lenses for astigmatism and multifocal or extended depth-of-focus lenses offer a broader range of vision, though careful patient selection remains essential.

Eyelid surgery has similarly diversified. Cosmetic procedures, including blepharoplasty, are increasingly sought to address signs of ageing, such as excess skin and under-eye bags. At the same time, medical eyelid surgery continues to play an important role in treating conditions like ptosis or eyelid malposition that can impair vision and eye health. Together, these developments reflect a wider shift in UK ophthalmology towards combining functional improvement with enhanced quality of life and aesthetic outcomes.

The disciplines of cataract surgery and eyelid surgery are deeply rewarding, as there's the opportunity to truly customise treatments for patients, whether the aim is providing excellent functional vision at a range of distances for various work tasks, hobbies and sports, or removing heavy excess skin and tissue around the eyelids to achieve a natural refreshed feel and look.



Mr Andre Ismail is a cataract and oculoplastic surgeon specialising in both these areas. He trained in London and has worked as a consultant both in the private and NHS sectors for over 15 years. Besides being a Fellow of the Royal College of Ophthalmologists, he's also a member of the British Oculoplastic Surgery Society and a Royal College of Surgeons Board-certified periocular cosmetic surgeon. He runs regular private clinics, several days per week, and is pleased to provide a bespoke clinical assessment for his patients from the north London and Hertfordshire regions.

● **Mr Andre Ismail, consultant ophthalmic and oculoplastic surgeon**
Spire Bushey Hospital. PA: Maxine Steinberg T: 07860 753045
E: maxine@msmedical.co.uk londonandhertseyeyesurgery.co.uk