

# Eyelid Surgery Aftercare

Leave eye pad in place as long as instructed by Mr Ismail.

Have a restful day following surgery.

Take eye drops and ointment as prescribed.

Eyelid swelling and bruising are normal following surgery, and may extend down the face into the cheek and neck. This will settle.

Mild discomfort, or a gritty feeling in the eye, following surgery is normal. If you are experiencing severe pain or your eyesight is affected, please contact medical advice immediately.

Try not to do strenuous activities, exercise or bend excessively for the first week after surgery.

Avoid showering or bathing for the first day after surgery. For the first 2 weeks, if showering try to keep the surgery site dry, and bathe the area separately with cooled boiled water and a clean tissue.

Avoid swimming for 3 weeks following surgery, and then wear goggles for 2 months.

Try to sleep with 3-4 pillows for the first week.

It is fine to use cold compresses (Bag of frozen peas wrapped in a thin flannel) to help reduce swelling.

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## Private appointments and enquiries

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